

# The Cricketers Vegan Menu



## Starters

**Soup of the Day** Please ask for today's flavour with toasted rye bread £5.00

**Tomato Bruschetta** served on toasted rye bread with pesto & fresh basil (GF) £6.00

**Parmesan & Herb Polenta Fries** served with pesto (GF) £6.00

**Smashed Avocado** with lemon & chilli flakes served on toasted rye bread (GF) £6.00

**'Posh' Beans on Toast** Butter & Cannellini beans in onions, tomato, garlic & red wine vinegar served on rye bread & topped with parmesan £6.00

**Vegetable Pakoras** served with a teriyaki sauce on a bed of mixed leaf (GF) £6.00

## Main Course

**Vegetable Tagine** chickpeas, onion, peppers, tomatoes & butternut squash blended with herbs & spices served with apricot quinoa & a tahini dressing (**Contains Almond Milk in dressing**) (GF) £11.95

**Satay Sweet Potato Curry** served with rice; a poppadom & mango chutney (**Contains Nuts/GF**) £11.95

**Caponata** a Sicilian style dish containing aubergines, courgettes, olives & capers in a tomato-based sauce with couscous £10.95

**Mac 'n' Cheese** macaroni in a cheese & vegetable sauce topped with cherry tomatoes & basil leaves served with a side salad (**Contains Cashew Nuts**) (GF) £10.95

**Coconut & Vegetable Curry** Butternut squash, peas, spinach & cauliflower spiced with ginger, cumin, coriander, turmeric & cardamon finished with coconut & a splash of lime served with cilantro rice (GF) £11.95

**Vegan Chilli** Sweet potatoes, carrots, celery, red pepper, black beans & kidney beans in a medium spiced tomato sauce with rice, salsa, guacamole & tortilla chips (GF) £12.95

**Spicy Mushroom Miso Burger** A large flat mushroom coated with a blend of miso; gochujang & sesame oil topped with Asian-style guacamole; cucumber ribbon salad & a crunchy carrot slaw served with fries & garnish £12.95 (**Contains Sesame Seeds**)

**Beetroot Salad** with pistachios & feta topped with cilantro & an orange vinaigrette (GF) £10.95

**Tex-Mex Style Sweetcorn Salad** Sweetcorn, pepper, celery, cucumber & jalapenos with lime & garlic topped with feta & coriander (GF) £10.95

### Light Lunch Snacks (Served 12 – 2:30)

All served on Rye Bread **Add chips or fries** £2.50

**Houmous & Avocado Salad Sandwich**  
£6.95

**Veggie Sausage & Caramelised Onion Sandwich** £6.95

**Feta Salad Sandwich** £6.95

### Desserts

**Warm Waffle** served with your choice of ice cream £6.50

**Chocolate Brownie** served with your choice of ice cream or custard £6.50

**Ice Cream** £1.50 per scoop | Choose from the following flavours (GF)

Strawberry | Coconut | Vanilla | Salted Caramel |  
Honeycomb | Mint Choc Chip

**All listed ingredients are vegan alternatives, please speak to a member of staff for any allergy queries.**