

# The Cricketers Vegan Menu



THE CRICKETERS  
SHROTON

## Starters

**Tomato Bruschetta** served on toasted rye bread with pesto & fresh basil (GF) £5.00

**Thai Sweet Potato Cakes** topped with coriander mayo (GF) £6.00

**Crispy Sesame-coated Tofu** with sticky teriyaki sauce (GF) £6.00

**Parmesan & Herb Polenta Fries** served with pesto (GF) £6.00

**Smashed Avocado** with lemon & chilli flakes served on toasted rye bread (GF) £6.00

## Main Course

**Jambalaya** a mildly spiced dish with peppers, onion, celery, butter beans & tomatoes mixed with brown rice and spices (GF) £10.50

**Vegetable Tagine** chickpeas, onion, peppers, tomatoes & butternut squash blended with herbs & spices served with apricot quinoa & a tahini dressing (**Contains Almond Milk in dressing**) (GF) £10.95

**Satay Sweet Potato Curry** served with rice; a poppadom & mango chutney (GF) £10.95

**Caponata** a Sicilian style dish containing aubergines, courgettes, olives & capers in a tomato-based sauce with couscous (GF) £9.95

**Mac 'n' Cheese** macaroni in a cheese & vegetable sauce topped with cherry tomatoes & basil leaves served with a side salad (**Contains Cashew Nuts**) (GF) £9.95

**Duo of Vegetable Sausages** served with new potatoes & seasonal vegetables with gravy £10.95

## Light Lunch Snacks (Served 12 – 2:30)

**Crudités** (Cucumber, Carrots, Celery & mixed peppers) served with a houmous & avocado dip (GF) £7.50

**Houmous Rainbow Wraps** a beetroot & chia flavoured wrap filled with carrot, spinach, houmous & feta £7.50

**Smashed Chickpea Salad Sandwich** chickpeas, gherkins & spring onions mixed with Dijon mustard, cider vinegar & mayonnaise with rocket & tomato on rye bread (GF) £6.50

## Desserts

**Warm Waffle** served with your choice of ice cream £6.00

**Chocolate Brownie** served with your choice of ice cream or cream £6.00

**Ice Cream** £1.50 per scoop (GF)

Strawberry | Coconut | Vanilla | Salted Caramel | Honeycomb | Mint Choc Chip

**All listed ingredients are vegan alternatives, please speak to a member of staff for any allergy queries.**